

Health Programs Report, April 2021

Covid update

Over 400 community members received their first vaccine. Second doses should be scheduled for late May and early June

Anyone (18 years and older) who has not already had a first dose can register for their first dose through Fraser Health.

Strong plans in place to help individuals and families who have contracted Covid 19, and/or those who are isolating, in collaboration with First Nations Health Authority and Fraser Health

Seabird has capacity for both regular and rapid testing for Covid 19. Rapid testing training and protocols are under development.

Health planning and management

Assistant Health Director mentorship role for succession planning into the Health Director role

The development of a Health committee is a goal for this fiscal year.

The evaluation of Health programs for the FNHA 10 year transfer agreement, is nearly complete.

In anticipation of the next ten year agreement we will be

- Reviewing and establishing the needs of each of our partner communities.
- Creating a new Seabird Island community health plan.

Income assistance/social development

Approx. 125 open files for income assistance (IA)

We intend to review and revise IA policy for Seabird Island starting in June

Traditional food bank supports about ten families per month. Canned traditional foods are central. This winter we canned:

- 14 cases of 12, 500 ml canned peas and , mixed veggies
- 3 cases of 12, 250 ml canned salsa
- 4 cases of 12, 500 ml canned chili
- 6 cases of 12, 500 ml canned salmon
- 3 cases of 12, 250 ml canned salmon

Employment and Training

Employment Assistance Centre provides career counselling to about 90 clients per month

Pre-Employment Supports Program provides wrap around supports to those on income assistance and working towards employment. This service is also provided to several other local First Nations.

Home and community care

Strong team of LPNs (many are home grown!) and RNs take care of Seabird Island, our partner communities and several additional communities that contract with us for service. Laqamel is our newest contract community.

Public Health

Two RNs provide immunizations, sexual health-related services, communicable disease management. We recently hired to replace a maternity leave.

Health Promotion

Community kitchen provides meal in a bag monthly (35-45 delivered to Seabird) with nutritional and preparation tips.

Meals on wheels provides twice weekly meals to 37 Seabird clients.

Staff Health series has restarted. This is a monthly lunch and learn in-service for all staff.

Nutrition consultation for one on one nutrition support and planning.

Aboriginal walk/run training provides weekly walk promotion. 37 community members are participating. A virtual 10 km run/walk (independently) is being planned for April.

Community gym/mobility provides physiotherapy/kinesiology services twice weekly. During covid these are one on one visits with folks who are mobility impaired.

Maternal child health programs

The midwife team (2 full time midwives for all of Stolo territory- shared funding between Seabird and Stolo Services Agency- and a midwife Locum to allow for time off) is fully integrated into our MCH team.

The MCH service now has two teams (RN and Kwiyo): one for on reserve and one for off reserve. Off reserve is funded through the Perinatal Substance Use Project at Women's Hospital

Monthly stats for each team:

- approx. 80 clients visits,
- 5 births. 2 SVD birth by RM. 2
- MCH referrals. 1 OB referrals, 2 GP. 0 to Hematology, 1 to counselling.
- Prenatal clinic Tuesdays 9 – 4 with RM/RN/Doula support

Elder's program

Elders' programming on hold. Regular phone call check ins by text, call or messaging.

Technology initiative in the works, to improve elders' access to the internet and social media.

Virtual exercise program being developed.

Matriarch's/patriarch's grant funding being used to interview elders to document historical practices and laws.

Youth program

Youth programs continue to thrive largely based on the work of the prior Child and Youth initiatives supervisor, who has moved on to a regional position. The position is posted.

Youth centre proposals to build state of the art building close to the schools. Two proposals submitted and one was approved. The second is pending approval in the summer.

- School's Out (funded with a three year grant from the United Way) drop in for 6 to 12 year olds. Nine regular youth with about 60 visits per month.
- Youth drop in (funded by Chief and Council) for 13 to 18 year olds. Ten regulars with 60 to 70 drops ins per month.
- Outreach funding (civil forfeitures) for one year that connects youth with peer mentors for one on one. 22 clients per month
- Youth mental health funding for counselling until September.
- Education without borders funding to summer outdoor education program.
- Youth skateboard initiative to engage harder to reach youth, in partnership with family development program

Our plan is to mentor youth internally to take on service roles in this program. We have hired several youth in various roles.

Mental Health

The Family development worker team is now five persons strong, providing ongoing support for families who need a little extra help to maintain safe and nurturing environments for their children. This group provides intensive and individualize support over the long term. Covid has been very hard on families and our team has over 60 clients.

Our four counsellors continue to be fully booked. While they offer some support to other communities, the vast majority of their clients are Seabird members.

Funding for a residential trauma treatment program has been secured. We are looking for an off reserve location to run this program that will bring healing through land-based programming.

Funding for a men's healing and community reintegration program post-conviction of a crime has been secured. This is one year funding for a pilot project based on circle work with the individual, groups of men, men and their families, and men and their community.

Recovery Homes

The women's home application for Assisted Living registration is in process.

We have redesigned the staffing model to develop a supervisory role for the homes. This will help ensure standards are met and programming is optimal.

Family Homes

All suites are occupied. Families are doing well. See Child and Family services report.

Primary care

- Medical clinic continues to run well although doesn't generate enough funds to cover cost. We receive a grant from Fraser Health/FNHA/BC Ministry to make ends meet.
- Acupuncture therapy on hold
- Obstetrician/gynecologist coming monthly
- Nurse Practitioner job posting up. Funded by the Ministry.

Dental clinic and Medical Clinic

Open for business!

Dental still in slow down mode to ensure cleaning etc. between clients.

Doctors seeing clients primarily by phone or internet.