



Health Department

2nd Quarterly Report 2021-2022

Completed by: Heather McDonald

Reflecting the Strategic Plan

LEADERSHIP

GOAL: SELF-GOVERNMENT BASED ON THE CULTURAL AND TRADITIONAL IDENTITY OF SIB.

- Seabird Health is providing mandatory trauma training workshops for all staff so that they are able to provide services to members in a culturally safe manner.
- Seabird Health has posted a position for a cultural worker to assist in integrating culture into all Health programs and services
- Seabird youth programs include a cultural component including games like Slahal and drumming and singing. Seabird youth council will be resuming in the fall.
- Seabird Health included in cultural – youth centre building architect design phase
- Seabird elders will be resuming activities including leadership development camps for elders to help them gain skills in leadership
- Seabird Island's Matriarchal structure for Child Protection Jurisdiction is in the planning stage. A proposal for three-year funding has been submitted.
- Several Seabird Island matriarchs and patriarchs were interviewed as part of a "raising our voices" grant. We are capturing teachings/laws and historical practices that will become guide posts for program development.
- Seabird's justice program has received funding to run a circles program to help offenders take responsibility for their actions and then rehabilitate and reintegrate into community. We will use circles and elders to ensure this work happens in a culturally immersed manner.
- Seabird Health is meeting monthly with public works and housing in a collaborative committee so that we can work together to help members with complex needs that cross programs.
- Health is working on a proposal for a ten year agreement with First Nations Health Authority. This work includes an evaluation of current programs/services (nearing completion), and a new ten year community health plan (just started July, completion December). We are proposing a plan that enables each partner community to provide their own Health governance over core services, with Seabird acting as contracted service provider for communities who wish us to provide those core services. We propose that Seabird Health continues to provide all non-core services which require significant expertise such as diabetes care, maternal child health care, public health, etc.
- We are reviewing and revising income assistance policy so that policies are aligned with Seabird's vision and values.
- Seabird traditional food bank has been revived. The shelves were filled over winter with canning traditional foods.

MEMBERSHIP

GOAL: ENGAGED, EMPOWERED AND SELF-SUFFICIENT SQ'EWQELO:MEXW

- Youth program will resume parental engagement opportunities including a quarterly family event to gather feedback from parents and provide opportunities for them to be involved
- Traditional parenting immersion program will be starting up again in the fall.

- Pre-employment supports program works one on one with clients to progress from income assistance to employment. Several Seabird members have been through this program and are now working in jobs that they love.

ENVIRONMENT

PROTECT AND ENHANCE S'ÓLH TÉMÉXW, INCLUDING LAND, WATER AND AIR CONSISTENT WITH TÓMIYEQW

- Seabird Island's emergency and pandemic plans were updated and continue to be revised and improved now that we have experience with wildfire response.

CULTURE, HEALING, HEALTH & WELLNESS

GOAL: ÁY:MEXW – HEALTHY PEOPLE, PHYSICALLY, MENTALLY, EMOTIONALLY AND SPIRITUALLY.

- Seabird youth program now includes “School's Out” program for youth aged nine to 12, outreach and peer mentorship for all ages, drop in for ages 12 to 18, child, youth and young adult counselling, outdoor education summer program, and specific programming with Health partners such as Ask Aunty (suicide prevention with Provincial Health), Mind Medicine (anxiety strategies with Fraser Health) and Youth on the Land regional activities with Fraser Health and First Nations Health Authority. We have a full time youth counsellor position.
- Seabird's new health promotion program “community gym” has been providing one on one service to people who need help with mobility. We'll be providing group activities soon. In addition, an elders mobility program is in the works in partnership with Fraser Health.
- Seabird Recovery Homes are getting registered as Assisted Living residences to help access room and board funding for those on income assistance.
- New Health and Healing program Shxw'eyelhtxw will provide a healing lodge and short term residential program to help people heal from long standing trauma. This is a land-based healing lodge.
- Seabird Family Development team now has seven workers helping families through support, education, referrals, and connections. We will have an outreach position to work directly with the delegated agency, Fraser Valley Child and Family Services.
- Seabird Island Family home will have a team lead to case manage each family in the home.
- Seabird will be operating a new program to provide crisis response after sexual assault, funded by Ending Violence. This is a regional service.
- Seabird Health is developing a crisis response program for our community including a crisis debriefing service for those who respond and service during a crisis.

INFRASTRUCTURE

GOAL: AN ECONOMICALLY STABLE COMMUNITY THAT MEETS THE INFRASTRUCTURE NEEDS FOR FUTURE GROWTH.

- Health building remediation plan is in the works. Multiple meetings with First Nations Health Authority. Hired consultants who are working on a remediation proposal. Awaiting final drawings before submitting to First Nations Health Authority for approval.
- Youth trailer is badly in need of replacement. Proposal for a new Youth centre to hold this growing program area submitted. We have received half of the funding (one proposal) and are awaiting notice on the second proposal.
- Received funding that is targeted for a new mental health/wellness centre. The hope is that this will be co-located with our cultural building.