



# Seabird Island Band

## Seabird Island Health

Quarterly update

October 2021



# Seabird Island Band

- Health Administration
  - Five year evaluation being reviewed by Chief and Council
    - Evaluation, in other communities, is ongoing
  - Ten year Community Health Plan
    - Planning is underway
    - Call out for community participation August and Sept 2021
  - Accreditation renewal postponed
    - New date is January 2022



# Seabird Island Band

- COVID update

- Approx 710 community members immunized
  - Roughly 70% vaccination rate
- Prior to our outbreak this fall, we had seven positive cases since the start of the pandemic
- Fall outbreak caused 72 cases, including several children. Four families currently isolating
- Both vaccinated and unvaccinated people got covid during the outbreak
- Four people went to hospital, none were fully vaccinated.
- 69 families were supported with food and/or accommodation through the Health teams



# Seabird Island Band

- COVID update continued
  - Testing available for people with high barriers to accessing testing through Fraser Health
  - Rapid testing machine in the works
  - Care kits for families on isolation
  - Trailer for isolation available
  - Health team liaise with Fraser Health and First Nations Health Authority to ensure all supports are in place for families with covid.





# Seabird Island Band

- Income assistance
  - Hiring for youth supported employment
  - 114 open files
  - Policy review ongoing
- Traditional food bank
  - Canning of salmon and mixed veggies
  - Dehydrating food for soups, oatmeal and traditional teas (2 new large dehydrators)
  - Average of 10 families supported each month





# Seabird Island Band

- Employment and Training
  - Career counselling
    - 90 clients monthly
  - Employment readiness
    - 300 monthly visits with clients
  - Driver education starting again soon





# Seabird Island Band

- Health promotion
  - Community kitchen going strong
    - 35-45 bags delivered to Seabird participants each month



- Community gym/mobility program
  - Twice a week service from physio/kinesiology
  - 6-8 clients from Seabird; home visits





# Seabird Island Band

- Better at Home, Stó:lō Territories

## Fall and winter

- Light Yard work
- Friendly visiting
- Minor home repairs
- Snow shoveling
- Wood chopping/stacking

**We're giving Elders a hand**



**Stó:lō Better at Home on Reserve**

Criteria	Objective	Services
<ul style="list-style-type: none"><li>• 65+</li><li>• or 55+ with disability</li><li>• Live on Reserve in the Stó:lō Territory</li></ul>	<ul style="list-style-type: none"><li>• Provide non-medical assistance</li><li>• Support elders to continue living at home</li><li>• Enhance current services</li></ul>	<ul style="list-style-type: none"><li>• Friendly Visiting</li><li>• Lawn Maintenance</li><li>• Housekeeping</li><li>• Carpet Cleaning</li><li>• Snow shoveling</li><li>• and More</li></ul>

  Aitchelitz Band, Chawathil, Cheam, Kwaw-kwaw-aplit, Kwantlen, Leq'a'mel, Matsqui, Peters, Popkum, Scowititz, Seabird Island, Shovah'y Village, Shov'ow'hamel, Skawahlook, Skowkale, Skwah, Soowahlie, Squiala, Sts'ailes, Sumas, Tzeachten, Yakweakwioose

**Better at Home**  United Way helping seniors remain independent.

Better at Home is funded by the Government of BC and managed by the United Way.





# Seabird Island Band

- Medical clinic
  - 2 First Nations doctors
  - Over 3800 patients
    - 60 -70% telephone visits
  - Obstetrician will be resuming later in the fall
  - Nurse practitioner joining soon!

## Patient profile

261 Asthma  
16 Liver Failure  
36 Kidney Failure  
19 Congestive Heart Failure  
33 other Heart problems  
28 Rheumatoid Arthritis  
9 Cancer





# Seabird Island Band

- Dental clinic
  - 2500 clients
  - Running at about 70%
  - New part time dentist
  - Excellence in covid protocols





# Seabird Island Band

- Child and Family Services: Capital project
  - Create office space, meeting rooms, and program spaces for Child and Family services
  - \$3,000,000 retroactive amount provided by Indigenous services Canada for Child Protection Prevention work
  - Hope to co-locate these spaces with cultural programs/youth programs/elder programs





# Seabird Island Band

- Family development
  - Seven workers providing intensive and ongoing support for Seabird families (161 clients)
    - Cultural support
    - Food and basic needs
    - Life skills
    - Youth connections
    - Women's group (summer)
    - Men's group (summer)





# Seabird Island Band

- Child protection
  - Monthly case management meetings with MCFD
  - Monthly case management meetings with Xyolhemeylh
  - Monthly strategic planning for Seabird jurisdiction over child protection
  - Maggie Pettis: Child advocate/Band Rep
  - Statistics
    - Children in care: 4 off reserve children
    - Youth agreements: 3 on reserve and 2 special needs agreements off reserve
    - Extended family program: 11 families on reserve; 5 off reserve
    - Service files: 8 families being helped by MCFD on reserve



# Seabird Island Band

- Child protection
  - Preparation for Seabird jurisdiction over child protection
  - \$250,000 grant for preparation work
    - Three year plan; year one is funded
    - Thorough community consultation
    - Research laws and models of service
    - Create laws, policies, procedures
    - Increase community capacity for service delivery





# Seabird Island Band

- Mental Health
  - Recovery Homes
    - Decreased capacity for Covid protocols
    - Averaging 8 clients per home
  - Family Home
    - Four families have a stable and safe place to grow
  - UFV student placement agreement
    - Social work program
    - Teaching clinic; 4 students quarterly
    - Many students are hired!





# Seabird Island Band

- Land based trauma healing house
  - Agassiz house purchased for long term investment
  - Agassiz house is used for this program
  - \$400,000 for operating costs
  - Intensive, group-based, trauma healing
  - Cultural and on the Land/territory
  - Cohorts starting fall 2021





# Seabird Island Band

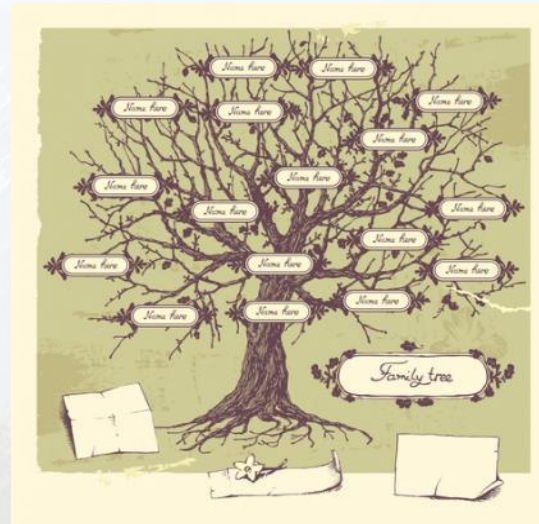
- Elders Program
- Adapted programming for covid
  - Consultations and phone calls
    - New Seabird Sq'ewqel Logo—for input
    - Bear hunting video
    - Restorative justice groups
    - Elders newsletter and Land Use Survey
    - August 24<sup>th</sup> Sq'ewqel Gathering





# Seabird Island Band

- Elders Grants for 2021- 2022
  - New Horizons elders genealogy project
    - Family trees for Elders
  - New relationship trust
    - Honoraria to facilitate Elder work on committees





# Seabird Island Band

- Elders
  - Fraser Health initiative for improving elders mobility
    - Seabird activity coordinator provides programming for elders in our catchment
    - Funding is available for schooling: coordinator is enrolled
      - Stenberg College for the Therapeutic Recreation (gerontology specialization)
    - Connections and support from Fraser Health coordinator



# Seabird Island Band

- Youth programs: Youth led and Youth staff
  - School's Out (6 -12 year olds)
    - 2 year funding
    - Mill Hall
    - 9 youth; 55-65 per month
  - Drop in for older youth continues (covid context)
    - 10 youth; 60-70 drop-ins per month
    - Many kids staying at home







# Seabird Island Band

- Youth programs: Youth led and Youth staff

- Outreach

- Peer mentors 1:1
    - clients served: 22/month
    - contacts made in person: 29/month
    - contacts through text, call or message: 107/month

- Youth mental health

- Counselling
    - clients served: 14/month
    - 1:1 sessions: 24/month; group sessions (humpday hangout): 3 (monthly)
    - contacts through text, call or message: 77/month
    - referrals made: 1/month
    - Advocacy meetings (school, social worker etc): 4/month





# Seabird Island Band

- Skateboard initiative with family development
  - Outreach to the skateboard park
  - Plan to purchase for skateboard park equipment at Seabird

