



Seabird Island
Health & Social Development

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Quarterly Update for January 2022

Health Administration

- New Health and social development director
- Five-year evaluation has been reviewed by Chief and Council
 - Evaluation, in other communities, is ongoing
- Ten-year Community Health Plan
 - 12 interviews 1 on 1, done in community, on team, or over the phone
 - 13 focus groups were done with staff about programs and services
 - 12 focus groups done with community members about programs and services
 - Document being written at the moment
 - New date extension March 2023
- Accreditation renewal postponed

New date is January 2023 for extension

Beginning stages of yearlong progress

COVID update

- 499 Covid vaccines administered
- Approximate 80% vaccination rate for community members
- Both vaccinated and unvaccinated people are getting Covid
- 11-15 positive cases this quarterly
- 3 families currently isolating
- 3 people went to hospital.
- One possible exposure at the recovery home
- 13 families were supported with food and/or accommodation through the Health teams



COVID update continued

- Testing available for people with high barriers to accessing testing through Fraser Health
- Both doctors and three nurses are doing COVID-19 testing
- Rapid testing machine in the works
- Care kits for families on isolation delivered
- Health team liaise with Fraser Health and First Nations Health Authority to ensure all supports are in place for families with Covid.

Income Assistance

- 113 open files
- Supported 3 families with funerals

Traditional Food Bank

- 50 families supported this quarterly

Food and Christmas Gift Donation

- Sikh community donated to Seabird. During the floods to supported us with 3 deliveries, working closely with our income assistance team.



Employment and Training

Career Counselling

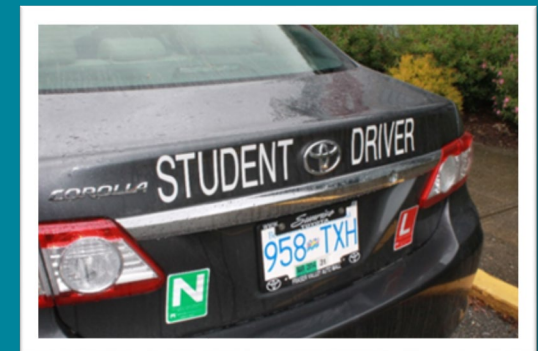
- 45-50 clients monthly

Employment Readiness

- 650 monthly visits with clients

Driver Education Starting Again Soon

- Staff member set to take training in January



Health promotion

Community Kitchen

- Halloween kits and boxes of chocolate
- Soup and stew bags for the cold months
- Candle light vigil

Community Gym/Mobility Program

- Twice a week service from physio/kinesiology
- 6-8 clients from Seabird; home visits
- 650 monthly visits with clients



- Losing one better at home worker

- Light Yard work
- Friendly visiting
- Minor home repairs
- Snow shoveling and salting walkways
- Wood chopping/stacking



Maternal Child Health

- 9 new babies this quarterly
- 111 clients and 80-100 visits per month
- We are losing one midwife and working on finding another one
- Prenatal class "Sacred seed" being done monthly
- Bodies in motion done over zoom monthly
- Sisele story time new book read by staff on zoom





Medical Clinic

2 First Nations Doctors

- One doctor in practicum shadowing Dr. Fox

Over 3800 Patients

- 60 -70% telephone visits

Obstetrician will be resuming later in the fall

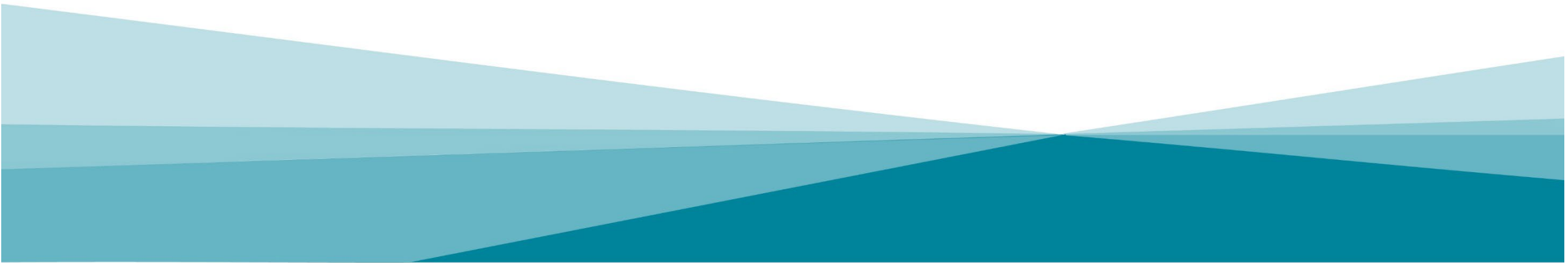
Dental Clinic

- 2400 clients
- Running at about 55-60% due to weather complication
- New fulltime CDA
- Excellence in Covid protocols



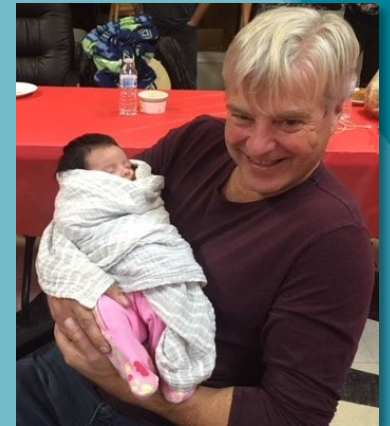
Child and Family Services: Capital Project

- Create office space, meeting rooms, and program spaces for Child and Family services
- Collaborating for the cultural/youth facility
- Hope to co-locate these spaces with cultural programs/youth programs/elder programs



Family Development

- 10 workers providing intensive and ongoing support for Seabird families (68 families)
 - Cultural support (out for spirit bath and sweat)
 - Food and basic needs
 - Life skills
 - Youth outreach, Family reunification and family care plan
 - Safety, Harm reduction, Addictions
 - Referrals, justice advocacy, advocacy, resource navigation, goal setting
 - Women's group (summer), Men's group (summer), Support group being planned
- Collaborating with Housing, education of our youth and income assistants.
- Hired a new Family development supervisor and family development for justice advocate



Child Protection

- Monthly case management meetings with MCFD
- Monthly case management meetings with Xyolhemeylh
- Monthly strategic planning for Seabird jurisdiction over child protection
- Maggie Pettis: Child advocate/Band Rep
- Statistics: MCFD
 - 19 family service files
 - 12 child service files
 - 4 youth agreements





Mental Health

Recovery Homes

- New Ayelexw supervisor
- Decreased capacity for Covid protocols
- Averaging 8 clients per home
- Averaging 6 applications per month

Family Home

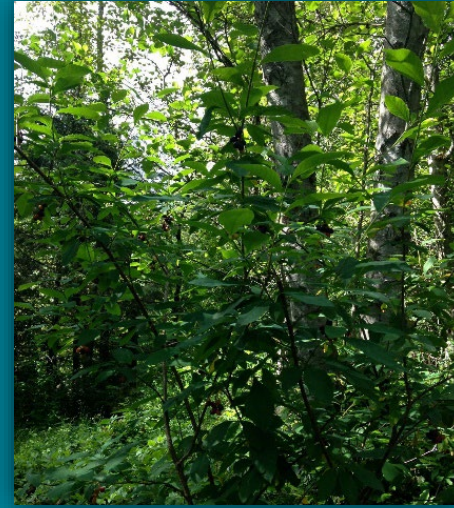
- Four families have a stable and safe place to grow
- New garden at the family home

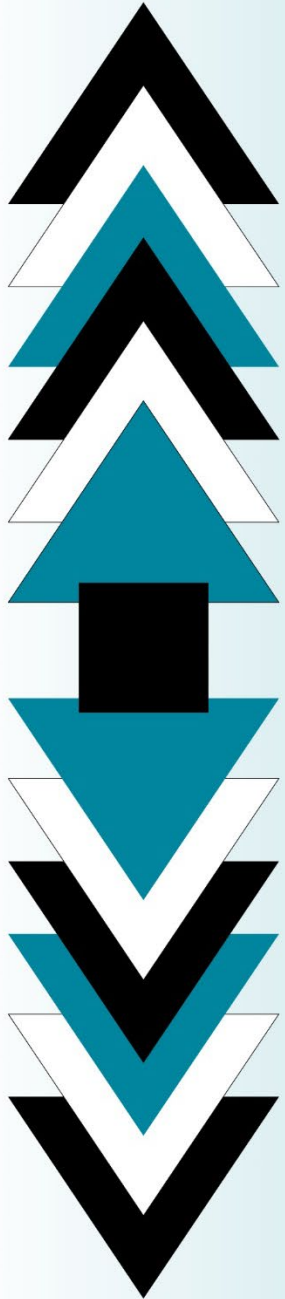
UFV Student Placement Agreement

- Social work program
- Teaching clinic; 2 students quarterly one placed in the trauma home and one placed in the recovery homes
- Many students are hired!

Land Based Trauma Healing House

- Agassiz house purchased for long term investment
- Agassiz house is used for this program
- \$400,000 for operating costs
- Intensive, group-based, trauma healing
- Cultural and on the Land/territory
- Had one men's group and female group already
- One group has built a sweat lodge.
- 10 more planned for the rest of 2022





Elders Program

- Consultations and phone calls
 - Elders newsletter, Annual report, and traditional medicine booklet.
 - Tablets given out to elders
- Christmas gifts, gift cards, hampers, care packages pet food and an elder made Christmas cards that were delivered.
- Activities chair exercises, youth and elders bingo, picture boards, spirit bath with Crystal Chapman
- Still helping tax return, Indian day school, and residential school claims. Helping with emergency plans



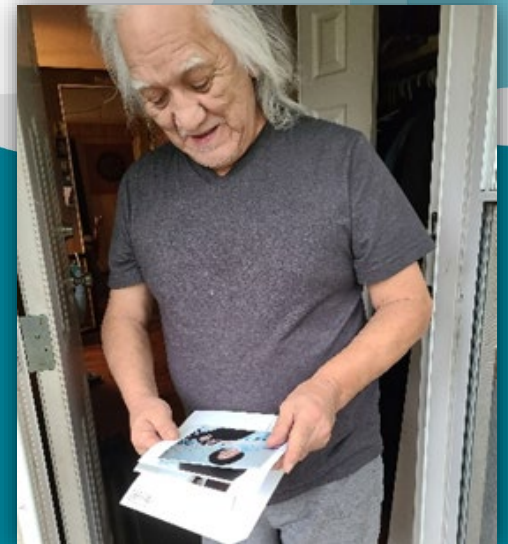
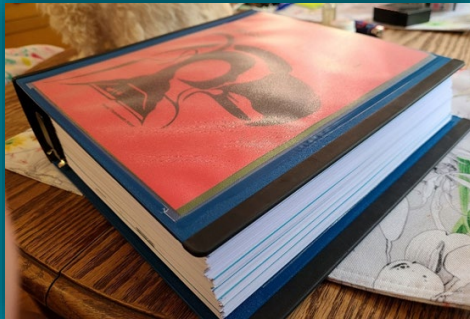
Elders Grants for 2021- 2022

New Horizons Elders Genealogy Project

- Family trees for Elders
- Elders getting binders filled with family history
- Photos converted from black and white to color for elders

New Relationship Trust

- Honoraria to facilitate Elder work on committees



Elders

Fraser Health initiative for Improving Elders Mobility

- Seabird activity coordinator provides programming for elders in our catchment
- Funding is available for schooling: coordinator is enrolled
 - Stenberg College for the Therapeutic Recreation (gerontology specialization)
- Connections and support from Fraser Health coordinator



Youth programs: Youth led and Youth staff

Out of School Care (6 -12 year olds)

- 2 year funding
- Mill Hall
- Youth 50- 127 per month

Drop in for older youth continues (covid context)

- Youth 65-101 drop-ins per month

Youth on the Land project grant

- Being used for a big youth event at a camp at loon lake

NCPC National Crime Prevention Centre Grant





Youth programs: Youth led and Youth staff

Outreach

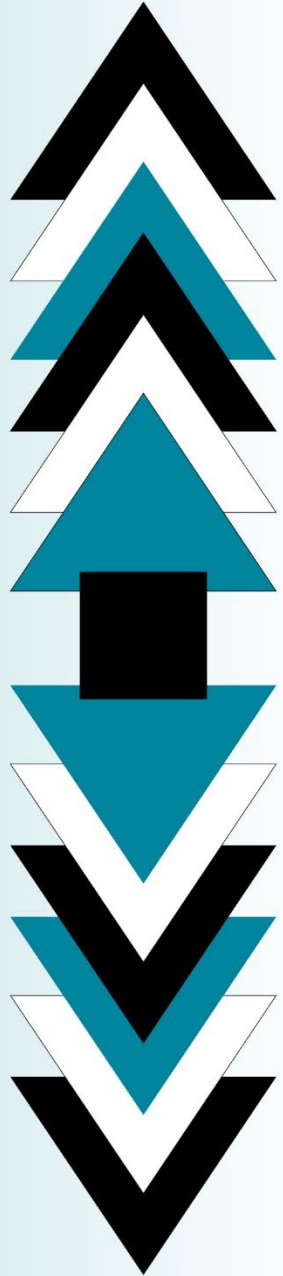
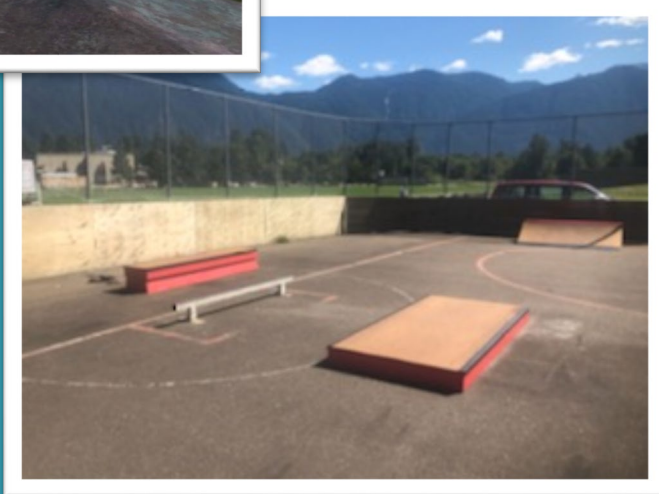
- Peer mentors 1:1
- clients served: 49-81/month

Youth mental health

- Counselling
- clients served: 14/month
- 1:1 sessions: 24/month; group sessions (humpday hangout): 3 (monthly)
- contacts through text, call or message: 77/month
- referrals made: 1/month
- Advocacy meetings (school, social worker etc): 4/month

Skateboard Initiative With Family Development

- Seabird activity coordinator provides programming for elders in our catchment
- Funding is available for schooling: coordinator is enrolled



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Thank you