



# Health & Social Development Strategic Plan Update

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Quarterly Report 2021-2022: 4<sup>th</sup> Quarterly

*Reflecting the Strategic Plan*

## LEADERSHIP

### GOAL: SELF-GOVERNMENT BASED ON THE CULTURAL AND TRADITIONAL IDENTITY OF SIB.

- Seabird Health is providing trauma-informed training workshops for staff from Len Pierre. So far Quality assurance committee, Health Quality officers team, counsellors, family development, youth, recovery home, trauma home.
- Seabird Health plans to prioritize a family development worker to be more in the culture worker role. Doing mentorship with the trauma home to encourage this.
- Seabird Youth program plan to do a puberty camp this summer.
- Seabird youth programs include a cultural component including games like Slahal and drumming and singing. Youth and elders coming together to do covid safe activities together.
- Seabird elders are getting help with their family trees through the New Horizons Elders genealogy project. We provide honoraria to help facilitate and Elders in their important role. Inviting them to sit in on meetings.
- Seabird Island's Matriarchal structure for Child Protection Jurisdiction is in the process of hiring staff. Meeting with groups of Matriarchs and Patriarchs to hear their voices and guidance in this project.
- Seabird's justice program has funding to have circles programs to help offenders take responsibility for their actions. This will help to rehabilitate and reintegrate into community. The plan is to have elders involved in the program
- Seabird Health meets monthly with public works and housing in as collaborative team to work together to meet the needs of our members.
- Health is working on a proposal for a ten year agreement with First Nations Health Authority. This work includes an evaluation of current programs/services (nearing completion), and a new ten year community health plan (extended to march 2023). We are proposing a plan that enables each partner community to provide their own Health governance over core services, with Seabird acting as contracted service provider for communities who wish us to provide those core services. We propose that Seabird Health continues to provide all non-core services which require significant expertise such as diabetes care, maternal child health care, public health, etc. We are reaching out to committees such as Sq'ep, lands, education, to help with planning and writing. We plan to meet with elder's in the community to get their guidance on our direction. An elder will join the community health plan meetings to provide guidance, support and help.
- We will continue to review and revise the income assistance policy, so that they are in alignment with Seabird's vision and values

- Seabird traditional food bank has been revived. The shelves were filled over winter with canning traditional foods. Donations were received to help the community during the flood. Community members also helped sort and organize the donations.
- We are in year one of taking over jurisdiction of our child protection jurisdiction. We have since hired a Child Protection Program Manager. We are meeting with community members, matriarchs, patriarchs, and plan to meet with the youth to help us build a system specified for Seabird.

## MEMBERSHIP

### GOAL: ENGAGED, EMPOWERED AND SELF-SUFFICIENT SQ'EWQELO:MEXW

- Pre-employment supports program works one on one with clients to progress from income assistance to employment. We help several Seabird members with this program and are now working in jobs that they love. We hired 10 Income assistance clients with jobs around seabird with IAFNYES grant.
- Collaboration with school district 78, Seabird school, and Seabird health to provide support to students and families; to make plans to assist them in returning to school.

## ENVIRONMENT

### PROTECT AND ENHANCE S'ÓLH TÉMÉXW, INCLUDING LAND, WATER AND AIR CONSISTENT WITH TÓMIYEQW

- Seabird Island's emergency and pandemic plans continue to be revised and improved to better help with wildfire response, flood, and winter storms.
- Our in home services such as Recovery Homes, Family Home, and the Trauma Centre, we are looking to getting generators to keep the services running for next winter.

## CULTURE, HEALING, HEALTH & WELLNESS

### GOAL: ÁY:MEXW – HEALTH PEOPLE, PHYSICALLY, MENTALLY, EMOTIONALLY AND SPIRITUALLY.

- Seabird youth program includes our "School's Out" program for youth aged nine to 12. We provide outreach and peer mentorship for all ages. We have a drop in program for ages 12 to 18. We continue to provide youth counselling to children, youth and young adult. We coordinate winter activities, Mind Medicine (anxiety strategies with Fraser Health) and Youth on the Land regional activities. We are planning a covid safe gathering for a puberty camp. A new grant from National Crime Prevention Centre used to hire a youth coordinator, and three new youth workers.
- Seabird's new health promotion program "community gym" has been providing one on one service to people who need help with mobility. We provide an elders mobility program in partnership with Fraser Health.
- Seabird Recovery Homes will soon be registered as an Assisted Living residence. That allows us to provide funding for those on income assistance. We provided a draft policy to leadership for this process. Training continues to happen to meet the requirements to operate the recovery homes.
- Our new Health and Healing program Shxw'eyelhtxw, provides a short term residential program to help people heal from intergenerational trauma. This is a land-based healing. We are on our 4<sup>th</sup> cohort for the home, 2 men's cohort, 1 female, and 1 family . We plan to do a couples cohort in the near future.
- Seabird Family Development team has nine workers supporting families through education, assisting with referrals, justice advocacy, resource navigation, and connections. We provide cultural support,

life skills, youth outreach, family reunification, family care planning, safety, harm reduction, addictions. We collaborate with housing, education of our youth and income assistance.

- Seabird will be operate a new program to provide crisis response after sexual assault, which is funded by Ending Violence Association. This will provide services to those in our regional. We have posted for the program coordinator and an outreach worker.
- Seabird Health is developing a crisis response program for our community including a crisis debriefing service for those who respond and service during a crisis.

## INFRASTRUCTURE

### GOAL: AN ECONOMICALLY STABLE COMMUNITY THAT MEETS THE INFRASTRUCTURE NEEDS FOR FUTURE GROWTH.

- Health building remediation plan is in the works. Multiple meetings with First Nations Health Authority. Hired consultants who are working on a remediation proposal. We are now awaiting for approval and work will be begin soon.
- Proposal submitted for a cultural and youth building.
- Received funding that is targeted for a new mental Health/Wellness Centre. The hope is that this will be co-located with our cultural building.