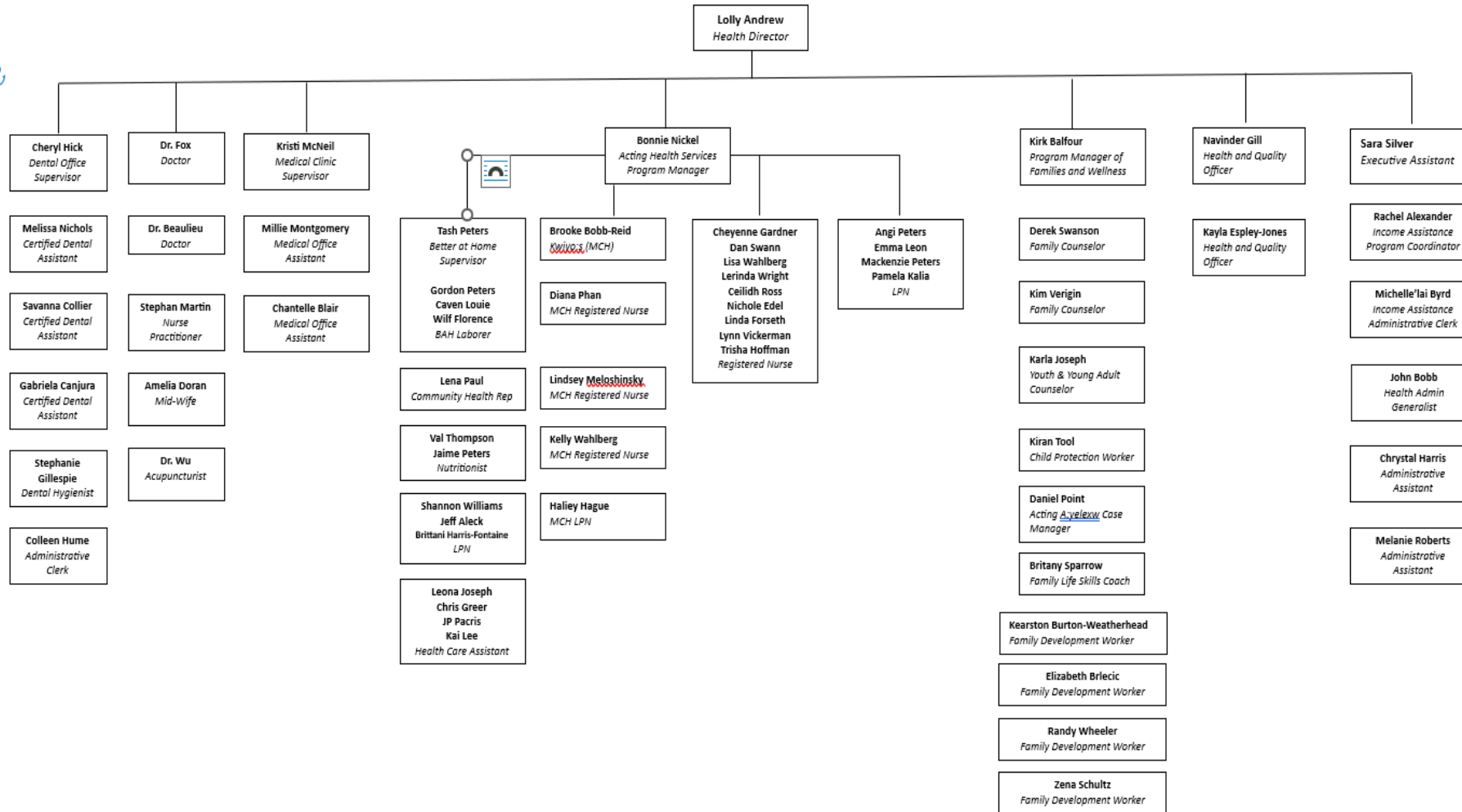




Seabird Island Health Department Quarterly Report

January 2024 - March 2024

Seabird Island Health Department





Seabird Island Dental Clinic

- Seabird Island Dental Clinic provides all your basic dental care, including cancer screening and minimum sedation services.
- Even with the pandemic behind us we want to assure you that we are still following universal precautions and practicing optimal infection control to be able to provide the best care to our patients. Masks, for the time being, are still required in the dental office and our operatories have an air filtration unit to reduce the spread of airborne contaminants. The dental team is up to date with all required vaccinations.
- The dental team is continuing our professional development by taking courses that expand our knowledge in the dental world as well as in the community that we serve. This year we attended the Grade 6 career Fair and the Seabird Health Fair in July. We also regularly attended the monthly Parent and Tot groups as well as Someone So Small. We have a Cavity Prevention Program that will escort Elementary school students to our office for their checkups.
- We are going to work hard to encourage patients that haven't been in a while to come in for checkup. Oral Health goes hand in hand with overall wellness. We are also going to look for more feedback from our existing patients on ways for us to improve and remove barriers that maybe holding patients back from seeing us regularly.

Dental Office Hours

Day	Time
Monday	8:30am - 4:30pm
Tuesday	8:30am - 4:30pm
Wednesday	8:30am - 4:30pm
Thursday	8:30am - 4:30pm
Some Fridays	9:00am - 4:00pm




Seabird Island Doctors Clinic & Medical Centre

- ▶ Dr. Fox and Dr. Beaulieu had 4 medical students and 1 Pharmacy fellow this fiscal year.
- ▶ SI Medical Centre received new medical eye equipment from BC Doctor of Optometry.
- ▶ Chauntelle Blair is our new Medical Office Assistant (MOA).
- ▶ Dr. Fox continues to have clinics in Cheam and Skwah.
- ▶ Dr. Beaulieu continues to have clinic in Sts'ailes.
- ▶ Stephen Martin continues to have clinic in Chawathil.



Seabird Island Health Centre Statistics

	Dr Fox	Dr Fox	Dr Fox	Dr Fox	Dr Fox	Dr Beaulieu	Dr Beaulieu	Dr Beaulieu	Dr Beaulieu	Stephen	Stephen	Stephen	Stephen	Dr Deacon	Amelia	Acupuncture
	Office Visit	Telephone	No show	Meth Pt's	Home Visit	Office Visit	Telephone	No Show	Home Visit	Office Visit	Telephone	No Show	Home Visit	Office Visit	Office visits	Office visits
April	120	179	29	40	0	207	168	35	0	62	59	16	0	4	37	0
May	277	202	50	36	2	288	161	37	0	190	62	22	0	Away	39	0
June	252	191	41	38	2	206	100	31	0	160	59	29	0	9	40	0
July	230	165	33	40	1	273	103	36	0	113	49	25	1	8	52	9
August	248	155	43	36	3	242	123	33	1	194	84	26	1	6	53	20
September	248	154	53	39	1	242	144	52	0	94	74	20	3	6	35	21
October	263	174	52	34	2	240	132	36	0	126	61	21	1	8	49	14
November	212	151	32	34	4	252	147	46	2	170	55	20	4	9	46	0
December	248	122	55	35	1	181	121	42	1	87	53	25	2	7	24	0
January	175	223	48	34	3	232	153	36	1	124	91	14	4	7	48	0
February	202	128	52	30	3	249	126	38	1	130	86	17	3	Away	53	0
March	153	101	43	29	5	216	99	31	0	142	84	18	1	9	43	0
TOTALS	2628	1945	531	425	27	2828	1577	453	6	1592	817	253	20	73	519	64
	April	May	June	July	August	Septmeber	October	November	December	January	February	March	Totals			
Diabetics Seen	8	14	9	11	18	22	17	20	13	18	24	11	185			
HTN Seen	11	12	7	19	16	15	6	9	10	11	21	8	145			
CHF Seen	1	1	3	2	2	1	2	0	1	3	2	3	21			
COPD Seen	4	3	1	3	1	4	4	1	5	7	3	3	39			
Gyne Exams	13	5	8	16	5	9	11	15	13	14	16	12	137			
Prostate Exams	0	1	3	0	2	0	1	0	0	2	0	1	10			
Frail Elders	0	1	1	1	0	1	2	2	1	1	2	1	13			
Mental Health	6	17	11	8	14	7	13	15	11	14	19	9	144			
TOTALS	43	54	43	60	58	59	56	62	54	70	87	48	694			

Medical Clinics provided April - March 2024

Medical Clinics provided April 2023-March 2024

Type of Services	Dates	# of patients
Amplifon Hearing Clinic	April 19	31
	May 25	
	September 28	
	October 26	
	January 25	
	March 26	
Acupuncture Clinic	July - October	64
Life Labs Mobile Clinic	April - March (Quarterly)	44
Gynecologist Visits w/Dr. Deacon	April - March (Once a month)	73

Description	Dr. Fox	Dr. Beaulieu	Stephan Martin	Total
Diabetic	63	88	34	185
High Blood Pressure (HBP)	46	67	32	145
Congestive Heart Failure	8	9	4	21
COPD	16	14	9	39
Fraity Elders	4	6	3	13
Pap Smear Exams	0	137	0	137
Prostate Exams	6	2	2	10

Description	Dr. Fox	Dr. Beaulieu	Stephan Martin	Amelia Doran	Dr. Deacon	Dr. Wu
Office Visits	2628	2828	1592	519	73	64
Telephone Consults	1945	1577	817	-	-	-
Home Visits	27	6	20	-	-	-
Methadone OAT Patients	425	-	-	-	-	-
No Shows	531	453	253	-	-	-



Better at Home Program



Better at Home Program			
Services Requested	Services Accessed	# of clients	Service Hours
Firewood	8	5	35
Gutters	36	40	155
Home Organization	2	2	4
Pressure washing	-	-	-
Snow Shoveling	-	-	-
Yard Work	1488	224	4520
Other:			
Total: 1539			





Living • Well • Together

Mobile Diabetes Program

- 📌 Vision Technician- Andrew Duerkson has moved on from his position. As many First Nation's Communities have access to local optometry supports it was felt that the Mobile Diabetes Team would add an Annual Foot Exam to their list of services replacing eye exams in the process.
- 📌 Pamela Kalia, LPN CDE was successful in obtaining her Certified Diabetes Educator designation and joined the team Full-Time.
- 📌 Dann Swann, Diabetes Educator has reduced his travel with the team but continues to support local initiatives and team members as needed.
- 📌 Dr Benjamin Schroeder, Endocrinologist has now taken over for Dr Dawson
- 📌 MDT was able to upgrade our aging equipment. We now have 4 DCAs and 2 new Piccols that have been tested by CEQUAL's Lab for Quality control.
- 📌 When the team is on the road the goal is to increase access to the communities' members by offering workshops to their health care providers, families through workshops, dinner presentations and one to one education sessions and offer screening to all community's members who are at risk of developing diabetes.
- 📌 Unfortunately, the Team has been struggling to meet the demands of the community's requests for clinics due to staffing. At the present time we have only 2 staff members that travel 3/4 week of the month.

Mobile Diabetes Program	
Description	Total
Client Seen	446
Diabetes Clients	222
Screeners	224
Foot Exams	128
Screening Events	4
Education Workshops	6

Communities Provided Services to:		
<ul style="list-style-type: none"> 📌 Seabird Island 📌 Boston Bar 📌 Boothroyd 📌 Chawathil 📌 Cheam 📌 Leq'a mel 📌 Kwaw Kwaw 📌 Apilt 📌 Scowlitz 📌 Shxw'owham el 📌 Shxwa:y Village 📌 Skwah 📌 Squiala 📌 Sta'ailes 📌 Sumas 	<ul style="list-style-type: none"> 📌 Adams Lake 📌 Bonaparte 📌 Bridge River 📌 Camin Lake 📌 Enderby 📌 Hitacu 📌 Katzie 📌 Mount Currie 📌 Lower Nicola 📌 Osoyoos, 📌 Upper Nicola/ Lower Nicola 	<ul style="list-style-type: none"> 📌 Scw'exmx 📌 Lower Similkameen Band 📌 Simpcw 📌 Lower Squamish 📌 Upper Squamish 📌 South Stl'atl'mx Health Society 📌 Tit'q'et Nation 📌 Tsawwassen 📌 Tyhistunis, 📌 X-Wisten 📌 Xaxtsa

Kwiyo:s Maternal Child Health Program



Description	Total			
Baby Welcoming Ceremonies	35			
Births	56			
Average home/office/virtual/Telehealth Visits	22-75			
In Care w/Tem'elile Midwifery	9			
Sacred Seed Reproductive Health	Parent/Caregiver	Elder	Student/Young Adult	Other
	15	-	-	-
Pre-natal Circles	Parent/Caregiver	Elder	Student/Young Adult	Other
	680	-	5	21
Parenting	Parent/Caregiver	Elder	Student/Young Adult	Other
	108	-	11	46
Other	Parent/Caregiver	Elder	Student/Young Adult	Other
	82	-	4	-



Meals On Wheels Program

Our meals on wheels program currently have 47 meals that are made every Monday and Wednesday.

Nutrition Program

► **Date:** Thursday March 14, 2024

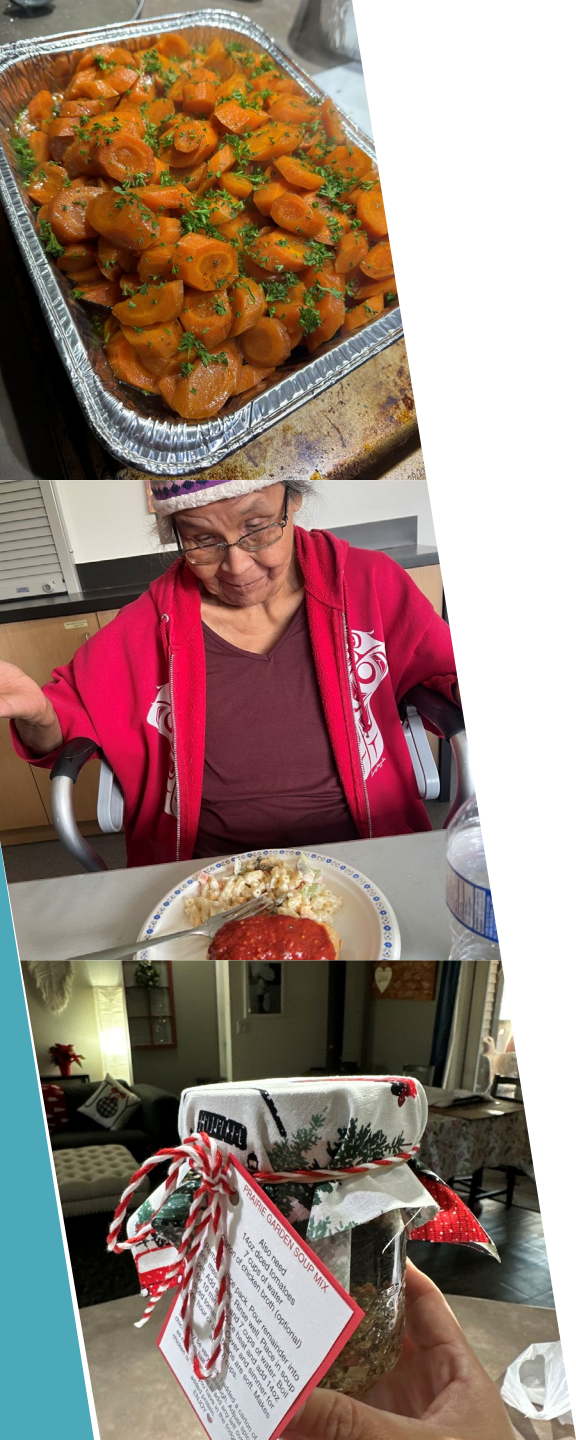
- This Year we had a spectacular prespring day for our event. Jaime Peters had everything in order and ready to go for the day of. We started at the Band office and the participants had the option for a 5 km or 10 km distance. Some participated but did what they could be due to mobility.
- issues. Toques with Seabird Nutrition printed on them were given out to each participant. We chose toques because they do not require sizing.

► **Setup:**

- KM markers were put at each km from 1 km to 5 km.
- 4 Water Stations were set up at the 1 km, 2.5 km, 3.5 km, and 5 km locations. Each station had someone there to fill cups and hand out water. (Jaime, Val, Bonnie and Tash, Stephen). Water was from the Chilliwack Water Store
- Stephen picked up the water containers at the end of the event on his way back to the band office.
- A snack/lunch was provided for all participants after they were done event in the band gym.
 - Veggies and dip
 - Bananas
 - Strawberries
 - Yogurt
 - Ham and Cheese Sub Sandwiches

► **Successes:**

- At the start of the event only about 20 youth said that they would go to the 5 km turn around to do the whole 10 km. I think that the beautiful day inspired so many to walk or run more. About 80 participants went to or past the 3.5 km water station!



Public Health and Screening

- Immunization/Communicable Disease

We are doing excellent with our Infant and childhood immunizations rates in Seabird Island when compared to rates in Fraser Health! In addition to providing immunizations to clients of all ages in our community, our Public Health Nurses also provide other services which include TB testing, Sexually Transmitted Infections screening, PAP HPV testing, Birth control support and provision, condom distribution and school health (which includes: immunizations, teaching, weekly youth drop-in clinic).



Statistics for Immunization and Communicable Disease

Description	Total
Infant/Childhood Immunizations	153
Children Immunizations at SI School	45
TB Tests completed	21
PAP/STI Tests/Depo Given	33
COVID Vaccinations	31
Influenza Vaccinations	101
Overall Immunizations	330





Mental Health & Family Wellness Program

Staffing Updates:

We hired 2 new Family Development Workers, a Life Skills Coach at the Family Homes, and another full-time counsellor to complete the clinical team. We currently are posting for Supervisor of Family Development Program as the previous supervisor took over as Program Manager of Families and Wellness.

Events, meetings, workshops, you participated in:

- ▶ Meetings: Seabird Island Youth Strategic Planning; Attendance and School supports meeting; Child and Family Services Jurisdiction meetings; Cross-departmental working group, EVENTS meeting, Seabird Justice Meetings, Seabird Collaborative Initiatives, Community Well-Being Planning Committee, Substance Use Planning Committee, Housing Support Services Team Tenant Selection Committee.
- ▶ Events: traditional ceremony celebration for jurisdiction over Sts'ailes child & Family services
- ▶ Workshops & Trainings: Indigenous Tools for Living; Bill C-92 2-day working sessions, Allyship & Reconciliation Building 12-month program at UFV (University of Fraser Valley)



Program Updates:

- ▶ **A:yxalh Family Homes** have been at full capacity since October 2023.
- ▶ **A:yelexw Recovery Homes** are currently undergoing a process of strategic organizational change and will recommence intaking new clients in May 2024. We are reviewing all the policy and procedures, hiring all new staff and supervisor, and negotiating with funders for increased financial support. The program will be more effective and efficient, with our goal being to increase the number of successful graduates while remaining well within our operational budget.
- ▶ **Family Development:** The 2 newest workers hit the pavement running. They have been providing much needed support to our families. They are organizing a series of Naloxone training sessions for staff, community members and youth-specific sessions at SI school. They commenced distribution of Naloxone kits and safe use supplies door-to-door. The goal is to prevent unnecessary overdose deaths due to toxic drug distribution. Family Development hosted 2 events for National Addictions Awareness Week (NAAW), recommenced the monthly shopping bus into Chilliwack, hosted weekly Men's and Women's support groups and outings to activities such as Corn Maze, Whitecaps Soccer
- ▶ **Counselling:** The team now comprised of 4 staff members, offers a variety of support to Seabird community including play therapy, youth counselling, drug and alcohol counselling, LGBTQIA2S+ counselling, support groups, and Forest Therapy sessions. As well, there is family and individual counselling to help with issues such as trauma, grief, loss, anxiety, and depression.
- ▶ **Jurisdiction:** I think Lolly will provide update on this topic. Let me know if she has not.
- ▶ **Statistics for them:** (A:yelexw, A:yxalh, Counseling, Family Development, Jurisdiction, etc.)

